

FREE  
EXPERT STYLES  
EVERY POCKET BOOK

THE BEST HAIR MAGAZINE IN THE UK

# Your Hair

Make every day a good hair day

Now  
better  
than  
ever!

MUST-HAVE STYLES

# 789

Gorgeous looks  
for every hair type

INSTANT RESULTS



How to...

- 1 Pick your look
- 2 Style it quickly
- 3 Keep it healthy

## Real-life MAKEOVERS

REVEALED!

# 50 style secrets

(you really should know)



## Blonde bombshells

PLUS: Celebrity shades

Handy hints extensions

# Can't wait to GROW?

Magic up a little hair length with the more affordable hair extensions now available at salons nationwide

### WHAT ARE THEY?

Extensions come in two different types: real hair and synthetic hair (or fibre). They are applied to your hair using either glues, solvents, chemicals or threads. What procedure you have depends on your salon's chosen range of extensions.

### ESSENTIAL AFTER CARE

Extensions may look natural but they still require a unique care routine. Special conditioners and aftercare products should always be used to care for your new extension lengths. It's always a very good idea to wear a swimming cap when you go swimming because chlorine can cause the hair to deteriorate.

### WHO'S HAIR?

Nearly all real extensions come from Asia, this is because strong, good condition Asian hair is the easiest to grow to the long lengths needed for the extensions market. Although nowadays there is a small proportion of European hair available from some extensions suppliers.

### EASY TO MAINTAIN?

AS WITH ANY HAIRSTYLE YOU HAVE THERE'S A CERTAIN AMOUNT OF MAINTENANCE, THE SAME GOES FOR ANY TYPE OF HAIR EXTENSIONS



Your new extensions can be styled into the latest looks for parties...

### IF I HAVE SHORT HAIR?

The Mark Glen Hair Enhancement team suggest that your hair should be at least three inches long so that it can effectively disguise the point where the extensions are connected to your hair. Any shorter and the root areas may become more visible, which doesn't leave as good a finish.



...or cut dramatically so that you can add interest with texture and colour...



...or added subtly to create deep-coloured layers that complement

### PUTTING THEM IN

The amount of time taken to apply hair extensions depends on the effect you're after – thickening normal hair should only take about one to two hours, but a full head will take about five to six hours, depending on your hair type.

### WILL THEY LAST LONG?

Look after your fibre hair extensions using normal shampoo and conditioners and blowdry or let it dry naturally. Fibre hair extensions last around three months before they need to be removed or replaced.

### ARE THEY VERSATILE?

Have almost anything you like. Fibre reacts very much like your hair would so you can use a blowdryer and heater rollers allowing you to wear it straight or curly. But avoid using hot metal directly on your hair.

PICTURES TOP RIGHT AND BOTTOM LEFT: SACCON INTERNATIONAL, BOTTOM RIGHT: BECKY AND JUSTINE MATTHEWS AT NIGEL ALEXANDRE FOR SCHWARZCOFF PROFESSIONAL TIPS BY MARK GLENN HAIR ENHANCEMENT