

# Get a head for AUTUMN

Fancy a new do for autumn? Award winning hairdresser Anita Cox gives us her hair predictions for the new season



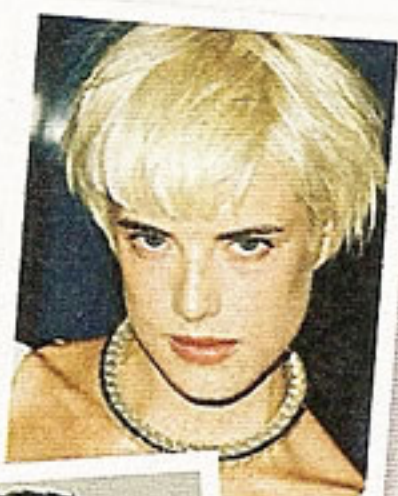
## Cream of the crops

Crops will continue to be big news this season. Choose from a variation of versions.

**Product:** Wax, to add definition and texture.

**Try:** VO5 Moulding Wax, £2.49.

**Star style:** Agyness Deyn, Victoria Beckham, Sarah Harding.



## Frizzy curls

Frizzy curls are a great high fashion trend. This look moves away from straight, sleek hair towards gentle backcombing to create height and volume for a candy floss texture.

**Product:** Mousse, to give definition and body.

**Try:** TRESemmé Curl Defining Mousse, £3.99.

**Star style:** Nicole Kidman.



## Bouncy bobs

Bobs will stay popular, varying from classic cuts to more textured looks.

**Product:** Serum applied to damp hair before blow-drying will keep bobs sleek.

**Try:** Toni & Guy Serum Polish Stick, £8.49.

**Star style:** Katie Holmes for a classic look, Nicole Ritchie for great texture or Eva Longoria for a sleek, sexy version.



## Wavy ladies

Curls and waves will continue to be popular throughout autumn. For an everyday look, go for soft waves throughout the lengths and ends. Hair must be kept soft and light, but with a tease at the crown for added sexiness.

**Product:** Curl activating spray to give your waves bounce.

**Try:** VO5 Heat Defence Curl Boost Curl Scrunching Spray, £2.99.

**Star style:** Jennifer Lopez.



## Shady ladies

Block two-tone colour is set to be popular. Although this sounds quite harsh, given the right colour combination the look can still be soft and create movement in the hair which you won't get from flat, uninteresting colour.

**Product:** Colour protecting shampoo.

**Try:** TRESemmé Colour Thrive Shampoo and Conditioner, available for Blonde and Brunette, £4.99.

**Star style:** Joss Stone.



## Need a little bit of help?

Based over two floors in the heart of London's exclusive Mayfair, you'll find Mark Glenn Hair Enhancement.

It's the UK's largest specialist hair extension studio, where highly skilled, two-person teams weave their magic using a beautiful, hand-made fibre that's impossible to tell from the real thing. And there's no glue,

chemicals, sewing, bonding or clips used in the application so your extensions not only look good, but are ethical and safe.

As well as gorgeous extensions to lengthen and thicken, Mark Glenn also provide the unique Kinsey System, a semi-permanent hair integration technique for female clients suffering serious hair loss. And a new look doesn't

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cost the earth, with thickening from £395, lengthening from £495 and the Kinsey System from £800. For those in the know, Mark Glenn are their best kept secret. Contact 020 7495 6969 or [www.markglenn.com](http://www.markglenn.com)

